



## Purpose

The purpose of this monograph is to provide a review of new therapy to determine whether the reviewed drug should be considered a prior authorization drug, a clinical edit drug or an open access drug. While prescription expenditures are increasing at double-digit rates, payers are evaluating ways to control these costs by influencing prescriber behavior and guide appropriate medication usage. This review will assist in the achievement of qualitative and economic goals related to health care resource utilization. Restricting the use of certain medications can reduce costs by requiring documentation of appropriate indications for use, and where appropriate, encourage the use of less expensive agents within a drug class.

## Introduction (2,3)

Psoriasis is characterized by well demarcated, erythematous plaques and papules with a silver scale. This chronic, inflammatory skin disease affects approximately 3% of the world population with 80 to 90% of cases being plaque psoriasis, and 20% of those being moderate to severe cases.

## Dosage Form (1,3)

Ilumya™ is available in a single-dose prefilled syringe containing 100 mg tildrakizumab per ml.

## Manufacturer (1)

Manufactured by: Merck Sharp & Dohme Corp., a subsidiary of Merck & Co., Inc., Whitehouse Station, NJ 08889

## Indication(s) (1,3)

Ilumya™ is an interleukin-23 antagonist indicated for the treatment of adults with moderate-to-severe plaque psoriasis who are candidates for systemic therapy or phototherapy.

## Clinical Efficacy (1,3) (mechanism of action/pharmacology, comparative efficacy)

Ilumya™ is a humanized IgG1/k monoclonal antibody that selectively binds to the p19 subunit of IL-23 and inhibits its interaction with the IL-23 receptor. IL-23 is a naturally occurring cytokine that is involved in the inflammatory and immune responses. Inhibits the release of proinflammatory cytokines and chemokines.

Pharmacokinetics:

	Ilumya™
<b>Bioavailability</b>	73-80%, peak concentration ~ 6 days
<b>Volume of Distribution</b>	10.8 L
<b>Metabolism</b>	Unknown
<b>Elimination</b>	Systemic clearance 0.32 L/day
<b>Half-life</b>	~23 days

### Efficacy and Safety of Ilumya™

<b>STUDY DESIGN</b>	Two Randomized, double-blind, multicenter trials(N=926)
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<b>INCLUSION CRITERIA</b>	Adult patients had a Physician Global Assessment score of $\geq 3$ on a 5 point scale of overall disease severity, Psoriasis Area and Severity Index (PASI) score of $\geq 12$ , minimum body surface area involvement of 10%
<b>EXCLUSION CRITERIA</b>	Patients with guttate, erythrodermic, or pustular psoriasis
<b>TREATMENT REGIMEN</b>	Patients were randomized to either Ilumya™ 100mg at week 0, 4, and every 12 weeks after up to 64 weeks (N=616) or placebo (N=310). The co-primary endpoints were the proportion of patients who achieved at least a 75% reduction in the PASI composite score; and the proportion of patients with a PGA of 0 or 1 and at least a 2point improvement at week 12.
<b>RESULTS</b>	Significant improvement of Ilumya™ over placebo was shown at week 12 with a 75% reduction the PASI 75 and PGA of clear or minimal.
<b>SAFETY</b>	Not specified.

### Contraindications <sup>(1)</sup>

- Previous serious hypersensitivity reaction to tidrakizumab or to any of the excipients.

### Warnings and Precautions <sup>(1,3)</sup>

- Hypersensitivity: If a serious allergic reaction occurs, discontinue Ilumya™ immediately and initiate appropriate therapy.
- Infections: Ilumya™ may increase the risk of infection. Instruct patients to seek medical advice if signs or symptoms of clinically important chronic or acute infection occur. If a serious infection develops, consider discontinuing Ilumya™ until the infection resolves.
- Tuberculosis (TB): Evaluate for TB prior to initiating treatment.

### Adverse Effects <sup>(1)</sup>

Most common, $\geq 1\%$	Ilumya™ 100mg (N=705) N %	Placebo (N=355) N %
Upper Respiratory Infections <sup>a</sup>	98(14)	41(12)
Injection site reactions <sup>b</sup>	24(3)	7(2)
Diarrhea	13(2)	5(1)

a Upper respiratory infections include nasopharyngitis, upper respiratory tract infection, viral upper respiratory tract infection, and pharyngitis.

b Injection site reactions include injection site urticaria, pruritus, pain, reaction, erythema, inflammation, edema, swelling, bruising, hematoma, and hemorrhage.

## Drug Interactions <sup>(1)</sup>

- Live Vaccines

## Dosage and Administration <sup>(1,3)</sup>

The recommended dose of Ilumya™ is 100 mg/ml (pre-filled syringe) subcutaneously at weeks 0, 4, and every 12 weeks thereafter. If a dose is missed, administer the dose as soon as possible and continue on the regularly scheduled interval. Ilumya™ should only be administered by a healthcare provider.

## Cost

Generic Name	Brand Name	Manufacturer	Dose	Cost/Dose
tildrakizumab-asmn	Ilumya™	Merck	100 mg prefilled syringe	\$13,043.90**

\*\* Maximum Allowable Cost

## Conclusion <sup>(1,3)</sup>

Ilumya™ is an injectable interleukin-23 (IL-23) antagonist for the treatment of adult patients with moderate to severe plaque psoriasis. In two studies, significant improvement of Ilumya™ over placebo was shown at week 12 with a 75% reduction the PASI 75 and PGA of clear or minimal. All patients need to be monitored and evaluated for tuberculosis prior to Ilumya™ therapy. Most common side effects are upper respiratory infections, injection site reactions, and diarrhea. There are multiple drug therapies available to treat moderate to severe plaque psoriasis, but Ilumya™ will compete directly with Tremfya™, another IL-23 inhibitor. Therapy with Ilumya™ should be reserved for adult patients who are candidates for systemic therapy and who cannot be treated effectively with topical therapies.

## Recommendation

This drug is being considered for inclusion in the state specific Preferred Drug List (PDL).

## References

- 1) Product Information: Ilumya™ (tildrakizumab-asmn) Merck Sharp & Dohme Corp., a subsidiary of Merck & Co., Inc., Whitehouse Station, NJ 08889 3/2018.
- 2) Feldman, SR. Treatment of Psoriasis in Adults. Post TW, ed. UpToDate. Waltham, MA: UpToDate Inc. <http://www.uptodate.com> (Accessed on November 7, 2018.)
- 3) IPD Analytics Rx Insights\_New Drug Approval Review\_Ilumya\_03 2018.pdf

Prepared by: Jennifer Anderson PharmD  
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